



PLACES TO VISIT

The Monterey Peninsula and the surrounding area offer a wealth of activities and places to explore. Some that might be of interest to you are listed below. We strongly recommend that you take time to look through the "Community Access" section of the telephone book (at the beginning of the Yellow Pages) for information and telephone numbers on many sights and events in the area. For further information, stop by the Monterey Chamber of Commerce, (380 Alvarado Street, 648-5360), or the Student Affairs Office.

Also, the Student Affairs Office has numerous brochures describing many interesting and scenic spots in this area, well known or undiscovered, and what to look for when you arrive.

In Monterey

PATH OF HISTORY walking tours guide covers select portions of downtown Monterey, including the Larkin House, Pacific House, Robert Louis Stevenson House and the First Theater. Guided tours of many of the buildings are available for a nominal charge. A map of the walking tour and schedule of hours and tour information for the six public adobes is available in the Students Affairs Office as well as the Monterey Chamber of Commerce. You can also take a self-guided tour by checking out a tape for your Walkman from the Media Center. Ask for the "Old Monterey" tape.

FISHERMAN'S WHARF: The end of Figueroa Street is full of tourists, but fun. Enjoy a drink and a fresh smoked salmon sandwich or clam chowder at a variety of sidewalk restaurants. But please don't feed the pelicans!

CANNERY ROW: The setting of Steinbeck's famous novel by the same name, Cannery Row has a unique atmosphere and attracts a number of tourists. There are numerous restaurants to choose from and a variety of shops to browse in. One of the renovated canneries, Edgewater Family Fun Center, features a large carousel inside and a bike rental next door (Bay Bikes-646-9090). Rent a bike and ride the path from Lover's Point in Pacific Grove up the coast to Marina. <http://www.canneryrow.com/>

MONTEREY BAY AQUARIUM: The Monterey Bay Aquarium is located at 886 Cannery Row (648-4888 or 1-800-756-3737 toll free for advance tickets) and is open every day from 10 am to 6 pm. Regular admission is \$21.95; students ages 13 to 17, full-time students and seniors 65 and older will be admitted for \$19.95; children ages 3-12 and people with disabilities, \$12.95. Advance ticket reservations, may be made by calling 1-800-756-3737 (24 hours per day). Stop at the information booth for tour scripts in Spanish, German, Chinese, Japanese and French. Group tours are available, subject to the availability of a guide, in French, German, Japanese, Spanish and Russian; call Education Reservations (648-4937) for information. <http://www.mbayaq.org/>

JACK'S PEAK PARK (647-7799): Open seasonally 10 am to 7 pm daily (10-5 in the winter, 11-6 or 11-7 in the summer), the park boasts a wonderful view of the Monterey area, 10.5 miles of hiking trails, and picnic areas. It is a nature park, so no sports are permitted. Take Route 68 East, turn right on Olmstead Road (opposite the airport entrance) and watch for the left turn onto Jack's Peak Drive. There is a parking fee of \$3.00 Monday through Thursday and \$4.00 on weekends and holidays. Check website for park hours as they change monthly. <http://www.co.monterey.ca.us/parks/>

LAKE EL ESTERO (off Del Monte Blvd. and Camino El Estero): This park offers lots of ducks and geese (please don't feed them), a nice place to walk or run (including a "par course") and paddle boats and canoes for hire. Dennis the Menace Park is an elaborate playground for children.

RESTAURANTS

MIIS students, faculty and staff have recommended the following restaurants. Prices range from dirt cheap to quite expensive, but most are quite reasonable. Let us know your comments and suggestions for additions to the list.

AMERICAN

The Bagel Bakery: 452 Alvarado St, 372-5242, Monterey (fresh bagels, bagel sandwiches)

Rosine's Restaurant: 434 Alvarado, Monterey, 375-1400 (popular with locals, great desserts!)

Trailside Café & Coffee House: 550 Wave Street, Monterey, 649-8600

Montrio Bistro: 414 Calle Pricipal, Monterey, 648-8880

Restaurant 1833: 500 Hartnell St., Monterey, 373-1110

ASIAN

Ambrosia India Bistro: 565 Abrego St., Monterey, 641-0610 (best local Indian food, great lunch buffet!)

Benihana: 136 Oliver St., Monterey, 644-9007

Chef Lee's Mandarin House: 2031 Fremont, Monterey, 375-9551

Chong's Szechwan Restaurant: 485 Tyler, Monterey, 373-5153 (Very inexpensive lunch)

Crystal Fish: 514 Lighthouse Ave, Monterey, 649-3474 (great sushi!)

Full Moon Mandarin Cuisine: 429 Alvarado St., Monterey, 333-1288

Siamese Bay Restaurant: 131 Webster, Monterey, 373-1550

CAFÉ'S & BOOKSTORE COFFEE SHOPS

Old Monterey Cafe: 489 Alvarado, Monterey, 646-1021 (small, popular, friendly atmosphere)

East Village Coffee Lounge: 498 Washington, Monterey, 373-5601 (open mike & live music nights)

Paris Bakery Cafe: 271 Bonifacio Pl, Monterey, 646-1620

Parker-Lusseau Pastries: 539 Hartnell St., 641-9188; 731 Munras Ave #C, 643-0300

Plumes Coffee House: 400 Alvarado, Monterey, 373-4526

Starbucks: 2370 Fremont St, 372-9344; 492 Del Monte Ctr, 642-0736

DELI'S / SANDWICH SHOPS / SHORT ORDERS

Subway Sandwiches and Salads: 195 W. Franklin, Monterey, 655-2613

Troia's Market: 350 Pacific, Monterey, 375-9810 (sandwiches, meats, and cheeses)

EUROPEAN/ITALIAN

California Pizza Kitchen: 1100 Del Monte Center, 375-4975 (chain; creative pizzas)

Cibo Ristorante Italiano: 301 Alvarado, Monterey, 649-8151 (jazz bands some evenings)

Esteban: 700 Munras, Monterey, 375-0176 (Spanish/Basque tapas)

Gianni's Pizza: 725 Lighthouse, Monterey, 649-1500 (great gelatos, huge calzones)

Lallapalooza: 474 Alvarado St, Monterey, 645-9036 (great martinis)

Pelican Pizza: 522 Lighthouse, Monterey, 649-4040 (great deals on 2 for 1 pizzas)

Pizza My Heart: 630 Del Monte Shopping Center, Monterey, 656-9400

Santa Lucia Cafe: 484 Washington St., Monterey, 333-1111 (German and Italian)

MEXICAN/ CENTRAL AMERICAN

Chipotle Mexican Grill: 500 Del Monte Center, 641-9353 (fresh fast food)

El Torito Mexican Grill: 600 Cannery Row, Monterey, 373-0611 (happy hours with half price food)

Papa Chanos: 462 Alvarado, Monterey, 646-9587

Taqueria del Mar: 530 Lighthouse, Monterey, 372-7887 (try their fish tacos!)

Turtle Bay Taqueria: 431 Tyler St., Monterey, 333-1500

MIDDLE EASTERN / GREEK

Amir's Kabob House: 794 Lighthouse Ave, Monterey, 642-0231 (Afghani)

Epsilon: 422 Tyler, Monterey, 655-8108 (elegant, generous portions)

International Market & Deli: 580 Lighthouse Ave., Monterey 375-9451

Persian Grill: 675 Lighthouse Ave, Monterey, 372-3720

PUBS

Britannia Arms Pub & Restaurant: 444 Alvarado, Monterey 656-9543

Crown & Anchor Pub: 150 W. Franklin Street, Monterey, 646-6496

Duffy's Tavern & Family Restaurant: 282 High, Monterey, 644-9811 (gourmet hamburgers)

The Mucky Duck: 479 Alvarado, 655-3031 (English-style pub)

SEAFOOD

Try Fisherman's Wharf, but watch out for the prices: Fisherman's Grotto, 375-4604 (try the clam chowder in a sourdough bowl)

Cafe Fina: 47 Fisherman's Wharf, Monterey, 372-5200

Coopers Pub: 653 Cannery Row, Monterey, 373-1353

Monterey Fish House: 2114 Del Monte, Monterey, 373-4647

Sandbar & Grill: Fisherman's Wharf No.2, Monterey, 373-2818 (good prices)

VEGETARIAN / HEALTH FOOD

Farmers' Market: Alvarado St. on Tuesdays from 4-8pm (flowers, produce, food booths, crafts)

Jamba Juice: 398 Alvarado, Monterey, 655-9696

There are many great restaurants on the Monterey Peninsula. This list is just a sampling of what's available.

SHOPPING

Following is a list of some Monterey Peninsula area stores and shopping centers. No endorsements are intended or implied; most are included because of their proximity to campus or to areas where students live.

SHOPPING CENTERS AND MALLS

Del Monte Shopping Center: 1410 Del Monte Center, Monterey, 373-2705 (over 90 stores/services, with Macy's and Mervyn's)

BOOKSTORES

Book Haven: 559 Tyler St, Monterey, 333-0383

Carpe Diem Fine Books: 245 Pearl St, Monterey, 643-2754

Luminata Books & Gifts: 631 Cass St., Monterey, 333-1110

Old Monterey Book Co: 136 Bonifacio Pl, Monterey, 372-3111

GROCERY STORES

7-Eleven: Fremont, Monterey, 375-4180 (24-hour convenience store)

Trader Joe's: 570 Munras Ave, Monterey, 372-2010

Troia's Market: 350 Pacific, Monterey, 375-9810 (specializes in Italian foods - can also get take out sandwiches and deli)

Whole Foods: 800 Del Monte Shopping Center, Monterey, 333-1600

FARMERS' MARKETS

Del Monte Produce: 2400 Del Monte, Monterey, 373-4626

Farmers' Market: Two farmers' markets are presently held in Monterey – one, each Tuesday evening from 4:00 pm to 7:30 pm on Alvarado Street between Pearl and Del Monte Avenue; a second is held seasonally Thursday afternoons at Monterey Peninsula College, lower parking lot A, corner of Fremont and Fishnet.

HARDWARE

M&S Home Center and Building Supply: 2456 Del Monte Avenue, Monterey, 655-7750

OFFICE SUPPLIES – STATIONERY (See also Bookstores)

Hallmark: Del Monte Shopping Center, Monterey, 375-7111

PHARMACIES

Wallgreens: 416 Alvarado St. Monterey, 644-9057

Ordway Pharmacy: 499 Alvarado, 372-8085 (closest to MIIS)

Pharmaca Integrative Pharmacy: 570 Murras Ave No.10, Monterey, 333-0751

Rite Aid: 1301 Munras, Monterey, 375-8700

THRIFT SHOPS

Goodwill: 571 Lighthouse, Monterey, 649-6056

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