

MONTEREY INSTITUTE

MONTEREY INSTITUTE OF INTERNATIONAL STUDIES

An affiliate of Middlebury College

RESTAURANTS

MIIS students, faculty and staff have recommended the following restaurants. Prices range from dirt cheap to quite expensive, but most are quite reasonable. Let us know your comments and suggestions for additions to the list.

AMERICAN

The Bagel Bakery: 2160 California Avenue, Seaside, 392-1581, 452 Alvarado, 372-5242, Monterey; 1132 Forest Ave, Pacific Grove, 649-6272 (fresh bagels, bagel sandwiches)

The Breakfast Club: 1130 Fremont Ave, Seaside, 394-3238 (giant, hearty breakfasts)

Em Le's Old Carmel Restaurant: Dolores & 5th, Carmel, 325-6780 (best French toast ever!)

Ferdi's: 740 Broadway, Seaside, 394-2244 - (Creole Cajun cuisine)

First Awakenings: 125 Ocean View Blvd #105, Pacific Grove, 372-1125 (unique brunch entrees)

Forge in the Forest: Junipero Avenue and 5th, Carmel, 624-2233 (local favorite, check out the deserts)

Nepenthe: 48510 Highway 1, 29 miles south of Carmel in Big Sur, 667-2345 (beautiful views, deck)

Rio Grill: 101 The Crossroads (Hwy 1 & Rio Rd), Carmel, 625-5436 (very pricey but popular)

Rosine's Restaurant: 434 Alvarado, Monterey, 375-1400 (popular with locals, great desserts!)

Tarpy's Roadhouse: 2999 Salinas Hwy #1 (Highway 68 at Canyon Del Rey), 647-1444 (California cuisine: fancy salads, sandwiches, pasta, catering, banquets, etc.)

Trailside Café & Coffee House: 550 Wave Street, Monterey, 649-8600

ASIAN

Amarin Thai Cuisine: 807 Cannery Row, Monterey, 373-8811

Ambrosia Indian Bistro: 565 Abrego St., Monterey, 641-0610 (best local Indian food, great lunch buffet!)

Barn Thai: 1760 Fremont, Seaside, 394-2996

Chef Lee's Mandarin House: 2031 Fremont, Monterey, 375-9551

Chili Great Chili International Café: 620 Lighthouse Ave. #220, Pacific Grove, 646-0447

Chong's Szechwan Restaurant: 485 Tyler, Monterey, 373-5153 (Very inexpensive lunch)

Crystal Fish: 514 Lighthouse Ave, Monterey, 649-3474 (great sushi!)

Ichi-Riki Japanese Restaurant: 1603 Del Monte, Seaside, 394-7733

Indian Summer: 220 Oliver St., Monterey, 372-4744 (Full bar, hookah, and dancing)

Jugem Japanese Restaurant: 409 Alvarado, Monterey, 373-6463

Kawa Japanese Cuisine & Sushi Bar: 481 Alvarado St., Monterey, 373-0234 (10% Student Discount)

Noodle Bar Restaurant: 1944 Fremont St, Seaside, 392-0210 (Vietnamese, nearly everything \$5.50)

Ocean Sushi Deli: 165 Webster, Monterey, 645-9876; 2701 David Ave., Pacific Grove, 649-1320

Pho King: 1153 Fremont, Seaside, 899-1424 (Vietnamese)

Robata Grill and Sake Bar: 3658 The Barnyard, Carmel, 624-2643 (pricey, but good Japanese food)

Siamese Bay Restaurant: 131 Webster, Monterey, 373-1550

Takara Sushi: 218 17th, Pacific Grove, 655-2730

Thai Bistro II: 159 Central, Pacific Grove, 372-8700 (Thai food, French desserts)

Tommy's Wok: Mission Street & Ocean Ave, Carmel, 624-8518

CAFÉ'S & BOOKSTORE COFFEE SHOPS

Vivi Coffee: 316 Alvarado, Monterey, 375-1855

Bookworks: 667 Lighthouse, Pacific Grove, 372-2242

Borders: Edgewater Center, 2080 California Street, Sand City, 899-6643 (Books / Music / Café)

California Market Restaurant: 100 Clock Tower Pl., Highlands Inn, Carmel, 622-5450 (beautiful views, outdoor deck, moderate)

Old Monterey Cafe: 489 Alvarado, Monterey, 646-1021 (small, popular, friendly atmosphere)

East Village Coffee Lounge: 498 Washington, Monterey, 373-5601 (open mike & live music nights)

Paris Bakery Cafe: 271 Bonifacio Pl, Monterey, 646-1620

Parker-Lusseau Pastries: 539 Hartnell St., 641-9188; 731 Munras Ave #C, 643-0300

Plumes Coffee House: 400 Alvarado, Monterey, 373-4526

Starbucks: 2160 California Ave, Sand City, 394-1236; 711 Cannery Row #A&e, 656-9531; 2370 Fremont St, 372-9344; 492 Del Monte Ctr, 642-0736; 1504 Canyon del Rey Blvd., Seaside, 393-1835; 441 Canyon del Rey Blvd., Del Rey Oaks, 392-1109

DELI'S / SANDWICH SHOPS / SHORT ORDERS

Kalisa's La Ida Cafe: 851 Cannery Row, Monterey, 644-9316 (Belly dancing every Friday)

Mediterranean Market: Ocean and Mission, Carmel, 624-2022

Subway Sandwiches and Salads: 195 W. Franklin, Monterey, 655-2613; 791 Foam St., Monterey, 655-1141; 2440 Fremont St, Monterey, 655-2613

Troia's Market: 350 Pacific, Monterey, 375-9810 (sandwiches, meats, and cheeses)

EUROPEAN/ITALIAN

California Pizza Kitchen: 1100 Del Monte Center, 375-4975 (chain; creative pizzas)

Cibo Ristorante Italiano: 301 Alvarado, Monterey, 649-8151 (jazz bands some evenings)

Esteban: 700 Munras, Monterey, 375-0176 (Spanish/Basque tapas)

Fifi's Bistro Café: 1188 Forest Avenue, Pacific Grove, 372-5325 (mainly French cuisine)

Gianni's Pizza: 725 Lighthouse, Monterey, 649-1500 (great gelatos, huge calzones)

Joe Rombi's La Mia Cucina: 208 17th, Pacific Grove, 373-2416 or 373-8116

Lallapalooza: 474 Alvarado St, Monterey, 645-9036 (great martinis)

Lugano Swiss Cafe: 3670 The Barnyard, Carmel, 626-3779 (great atmosphere and fondue)

Matteo's Deli Café: 1180 Forest Avenue, Pacific Grove, 333-1035

Pelican Pizza: 522 Lighthouse, Monterey, 649-4040 (great deals on 2 for 1 pizzas)

Pizza My Way: 1157 Forest Ave. #D, Pacific Grove, 643-1111

Pizza My Heart: 630 Del Monte Shopping Center, Monterey, 656-9400

Santa Lucia Cafe: 484 Washington St., Monterey, 333-1111 (German and Italian)

MEXICAN/ CENTRAL AMERICAN

Chipotle Mexican Grill: 500 Del Monte Center, 641-9353 (fresh fast food)

El Migueleño: 1066 Broadway Ave, Seaside, 899-2199 (Central American)

El Torito Mexican Grill: 600 Cannery Row, Monterey, 373-0611 (happy hours with half price food)

Michael's Grill & Taqueria: 197 Country Club Gate, Pacific Grove, 647-8654; 265 Reservation Rd., Marina, 884-2568

Papa Chanos: 462 Alvarado, Monterey, 646-9587

Peppers Mexicali Cafe: 170 Forest Ave, Pacific Grove, 373-6892 (Mexican, Latin American)

Taqueria del Mar: 530 Lighthouse, Monterey, 372-7887 (try their fish tacos!)

The Fishwife's Turtle Bay Taqueria: 431 Tyler at Bonifacio, 333-1500 (try the bowls!)

Zócalo: 162 Fountain Avenue, Pacific Grove, 373-7911

MIDDLE EASTERN / GREEK

Amir's Kabob House: 794 Lighthouse Ave, Monterey, 642-0231 (Afghani)

Epsilon: 422 Tyler, Monterey, 655-8108 (elegant, generous portions)

International Market & Deli: 580 Lighthouse Ave., Monterey 375-9451

Persian Grill: 675 Lighthouse Ave, Monterey, 372-3720

Petra: 435 Alvarado St., Monterey, 646-2080 (cash only); 477 Lighthouse Ave, Pacific Grove, 649-2530

Tabouli's Deli: 309 Lighthouse Ave, Monterey, 646-0319

PUBS

Britannia Arms Pub & Restaurant: 444 Alvarado, Monterey 656-9543

British Bulldog Pub: 611 Lighthouse Ave, Monterey, 372-5565

Crown & Anchor Pub: 150 W. Franklin Street, Monterey, 646-6496

Duffy's Tavern & Family Restaurant: 282 High, Monterey, 644-9811 (gourmet hamburgers)

Jack London's Bar & Grill: Dolores St and 5th, Carmel, 624-2336

The Mucky Duck: 479 Alvarado, 655-3031 (English-style pub)

Peter B's Brewpub & Restaurant: Doubletree Hotel, Monterey, 649-4511

SEAFOOD

Try Fisherman's Wharf, but watch out for the prices: Fisherman's Grotto, 375-4604 (try the clam chowder in a sourdough bowl)

Cafe Fina: 47 Fisherman's Wharf, Monterey, 372-5200

Captain Bullwacker's Pub: 653 Cannery Row, Monterey, 373-1353

The Fishwife: 789 Trinity, Seaside, 394-2027; 1996 ½ Sunset Drive, Pacific Grove, 375-7107 (fresh pasta and seafood; reservations for dinner recommended--very popular restaurant, not too expensive)

Monterey Fish House: 2114 Del Monte, Monterey, 373-4647

Passionfish: (Formerly El Cocodrilo) - 701 Lighthouse, Pacific Grove, 655-3311 (seafood/California cuisine)

Sandbar & Grill: Fisherman's Wharf No.9, Monterey, 373-2818 (good prices)

Vivoli's Chowder House: 127 Central, Pacific Grove, 372-5414 (great chowder in a breadbowl)

VEGETARIAN / HEALTH FOOD

Farmers' Market: Alvarado St. on Tuesdays from 4-8pm (flowers, produce, food booths, crafts)

Ol' Factory Cafe: 1725 Contra Costa, Sand City, 394-6000 ('green' cafe, all natural foods)

Tillie Gort's Cafe: 111 Central, Pacific Grove, 373-0335

Juice & Java: 599 Lighthouse, Pacific Grove, 373-8652

Jamba Juice: 398 Alvarado, Monterey, 655-9696; 463 Canyon del Rey Blvd, Monterey, 583-0577

There are many great restaurants on the Monterey Peninsula. This list is just a sampling of what's available.

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